

WOGA Frisco
5936 Nancy Jane Ln
Frisco, Texas
Hosted By
WOGA Gymnastics

Age determined as of March 8, 2026

Friday, March 6th

Session 1

Sr. D1/ D2/D3/D4

Open Stretch

8:00 AM

Flight A warm-up

8:20 AM

Line up

8:32AM

Competition begins

8:42 AM

Awards to follow

Session 2

Sr. C1/C2/C3/C4

Open Stretch

12:30 PM

Flight A warm-up

12:50 PM

Line up

1:02PM

Competition begins

1:12PM

Awards to follow



Session 3

Sr. B1/B2/B3/B4

Open Stretch

5:00 PM

Flight A warm-up

5:20PM

Line up

5:32PM

Competition begins

5:42PM

Awards to follow

Saturday, March 7th

Session 4

Sr. A1/A2/A3/A4

Open Stretch

8:00 AM

Flight A warm-up

8:20 AM

Line up

8:32AM

Competition begins

8:42 AM

Awards to follow



Session 5

Jr. D1/D2/D3/D4

Open Stretch

12:30 PM

Flight A warm-up

12:50 PM

Line up

1:02 PM

Competition begins

1:12 PM

Awards to follow

Session 6

Jr. C1/C2/C3/C4

Open Stretch

5:00 PM

Flight A warm-up

5:20 PM

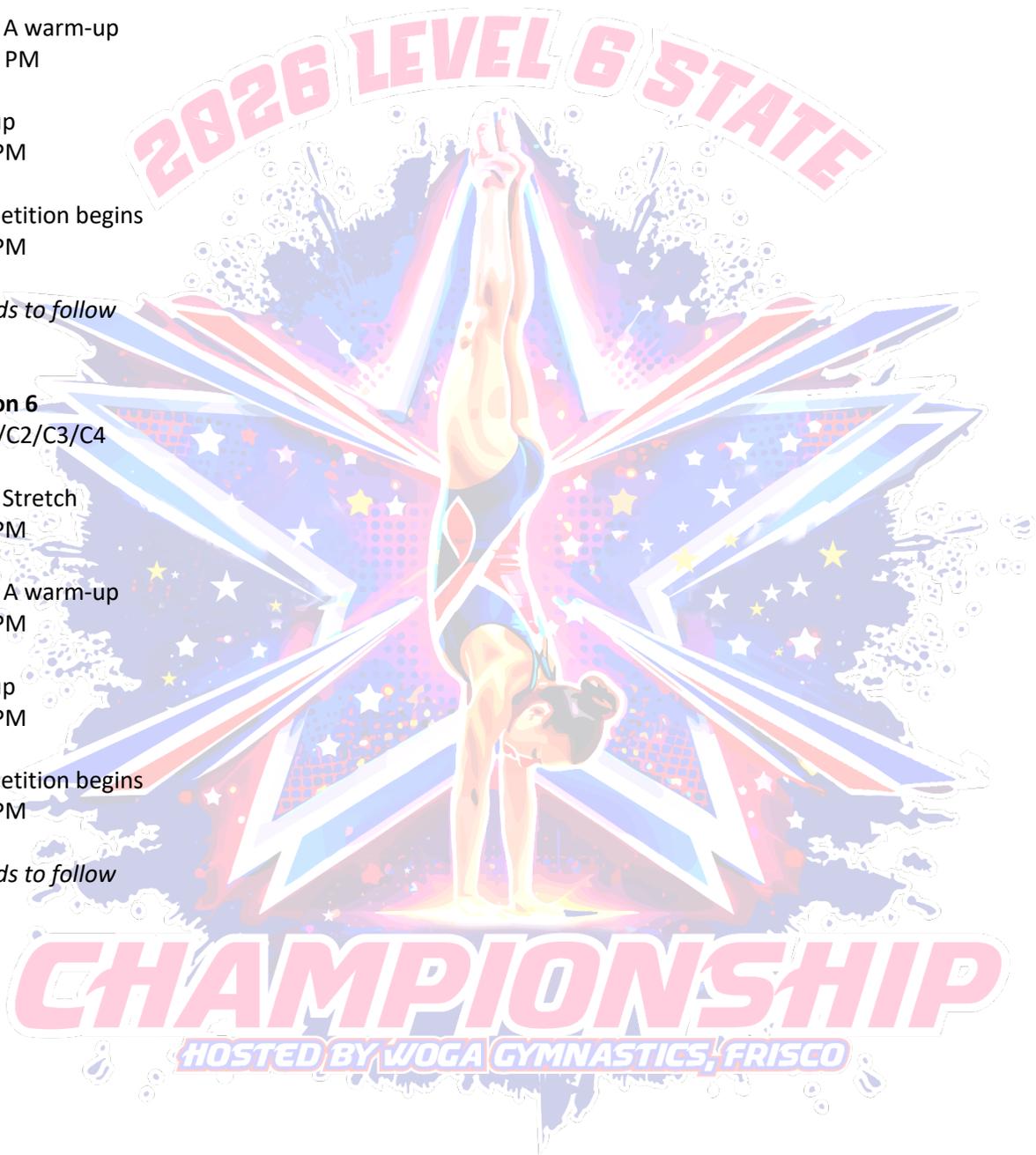
Line up

5:32 PM

Competition begins

5:42 PM

Awards to follow



Sunday, March 8th

Session 7

Jr. B1/B2/B3/B4

Open Stretch

8:00 AM

Flight A warm-up

8:20 AM

Line up

8:32AM

Competition begins

8:42 AM

Awards to follow

Session 8

Jr. A1/A2/A3/A4

Open Stretch

12:30 PM

Flight A warm-up

12:50 PM

Line up

1:02 PM

Competition begins

1:12 PM

Awards to follow

