

# WOGA GYMNASTICS COVID-19 PROTOCOL

WOGA is following state and local policies, and will be operating at 50% of capacity at this time.

Everyone entering the gym will be checked for fever before they are permitted in the building (anyone showing symptoms of illness will not be able to attend).

According to Health Protocol established by Governor Abbott we would like to ask parents to keep 6 feet distance between individuals that are not coming from the same household. If possible do not enter the gym other than at the drop or pick up time.

All water fountains will be turned off. Water bottles are available for sale at the front desk or vending machine, or students can bring their own water bottle.

All WOGA coaches will be wearing masks whenever they are in close proximity to students, such as when spotting. Students will be given hand sanitizer after entering the building and before going home, as well as throughout training session.

Sanitizer dispensers are located throughout the building for staff, students and parents to use as often as they wish. Several times throughout the day staff will wipe down and sanitize surfaces such as chairs, door- knobs and etc. The whole gym is being disinfected at the end of each day.

## **COVID 19 Info:**

We will be practicing to minimize in-person contact that includes maintaining 6 feet of separation from individuals. When maintaining 6 feet of separation is not feasible, other methods will be utilized to slow the spread of COVID-19, such as wearing a face covering or mask, washing or sanitizing hands frequently, and avoiding sharing common objects.

The entire gym is disinfected at the end of each day. In addition to thorough daily cleanings, WOGA has partnered with *Xtreme Hygiene* to provide a weekly X-Guard Virucidal Misting Treatment on all contact surfaces in our facility. X-Guard is an EPA Registered Disinfectant and Virucide that is safe, non-toxic, and gentle enough for use anywhere. This spray is residual, so it will provide lasting protection between treatments.